SUICIDE IS THE BIGGEST KILLER OF MEN UNDER 45
1 MAN EVERY 2 HOURS

ALL OUR GROUPS MEET MONDAY 7PM

TO FIND YOUR NEAREST GROUP VISIT OUR WEBSITE WWW.ANDYSMANCLUB.CO.UK

JOIN THE CONVERSATION

- **f** andysmanclub
- andysmanclubuk
- @andysmanclubuk
- 😊 info@andysmanclub.co.uk

#ITSOKAYTOTALK

We are a peer to peer support group for men. Come have a brew and a chat!